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14 38

## 1. , 1500m

1.	2007			<b>17:04.77</b>		722
2.	2005			<b>17:51.62</b>		632
3.	2007			<b>18:09.89</b>		600

## 2. , 1500m

1.	1997			<b>15:43.57</b>		726
2.	2005			<b>16:25.36</b>		637
3.	2004			<b>16:31.52</b>		625

## 5. , 50m

1.	2006	3 "	"	<b>30.89</b>		573
2.	2005	3 "	"	<b>31.61</b>		535
3.	2001			<b>31.75</b>		528

## 6. , 50m

1.	2002			<b>27.12</b>		550
2.	2005			<b>28.87</b>		455
3.	2003	3 "	"	<b>29.69</b>		419

## 7. , 100m

1.	2005			<b>1:00.93</b>		560
2.	2005			<b>1:01.38</b>		548
3.	2008			<b>1:03.32</b>		499

## 8. , 100m

1.	2003			<b>48.01</b>		820
2.	1997			<b>52.20</b>		638
3.	2003			<b>52.94</b>		611

## 9. , 100m

1.	2004			<b>1:09.58</b>		535
2.	2006			<b>1:09.78</b>		531
3.	2005	3 "	"	<b>1:09.80</b>		530

## 10. , 100m

1.	2001			<b>57.80</b>		657
2.	2003			<b>1:00.10</b>		584
3.	2003	3 "	"	<b>1:00.22</b>		581

## 11. , 200m

1.	2006			<b>2:37.78</b>		620
2.	2003			<b>2:39.80</b>		597
3.	2007			<b>2:43.69</b>		555

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## 12. , 200m

1.	2004			<b>2:24.58</b>		574
2.	2005	3 "	"	<b>2:29.27</b>		521
3.	2007	3 "	"	<b>2:34.37</b>		471

## 13. , 200m

1.	2007			<b>2:23.40</b>		580
2.	2006			<b>2:31.69</b>		490
3.	2007			<b>2:43.99</b>		388

## 14. , 200m

1.	2004	3 "	"	<b>2:31.17</b>		367
2.	2004			<b>2:37.14</b>		326

## 15. , 400m

1.	2007			<b>4:34.38</b>		619
2.	2005			<b>4:35.03</b>		615
3.	2007			<b>4:55.25</b>		497

## 16. , 400m

1.	2004			<b>4:12.93</b>		590
2.	2005			<b>4:13.34</b>		588
3.	2004			<b>4:17.33</b>		561