

1. , 50m								
1.		2005	"	"	30.83	I	577	. .
2.		2006	"	"	31.75	I	528	. .
3.		2006	"	"	31.97	II	517	. .
2. , 50m								
1.		2003	"	"	26.80	KMC	569	. .
2.		2002			26.85	KMC	566	. .
3.		2003	.		27.48	KMC	528	. .
3. , 100m								
1.		2007			58.73	KMC	626	. .
2.		2005			1:01.29	I	551	. .
3.		2007			1:02.16	I	528	. .
4. , 100m								
1.		2000			50.60	KMC	700	-
2.		2003	.		53.08	KMC	606	. .
3.		2004	"	"	53.10	KMC	606	. .
5. , 200m								
1.		2006			2:40.14	KMC	593	-
2.		2007			2:41.88	KMC	574	-
3.		2005			2:44.85	I	543	-
6. , 200m								
1.		2004			2:22.08	KMC	604	-
2.		2005	"	"	2:28.98	I	524	. .
3.		2007	"	"	2:33.16	I	482	. .
7. , 200m								
1.		2006			2:25.09	KMC	560	-
2.		2005			2:25.17	KMC	559	. .
3.		2006	"	"	2:36.55	II	446	. .
8. , 200m								
1.		2004			2:15.08	I	514	-
2.		2006			2:19.43	II	467	. .
3.		2006	"	"	2:21.05	II	451	. .
9. , 1500m								
1.		2008			17:57.26	KMC	622	. .
2.		2005			18:11.03	KMC	599	. .
3.		2006	"	"	19:09.26	I	512	. .

10.	, 1500m						
1.	2005			16:11.50	KMC	665	. .
2.	2004			16:22.44	KMC	643	. .
3.	2004			16:35.09	KMC	619	. .
11.	, 50m						
1.	2005			27.77	I	562	. .
2.	2008			29.46	II	471	. .
2.	2008			29.46	II	471	. .
12.	, 50m						
1.	2001			24.44	I	569	-
2.	2004			24.86	II	541	-
3.	2002			25.32	II	512	. .
13.	, 100m						
1.	2006			1:12.58	KMC	634	-
2.	2003			1:14.49	KMC	586	. .
3.	2005			1:14.62	KMC	583	-
14.	, 100m						
1.	2004			1:07.15	KMC	567	-
2.	2003			1:07.54	I	558	. .
3.	2005	"	"	1:08.18	I	542	. .
15.	, 100m						
1.	2007			1:04.63	KMC	603	. .
2.	2006			1:07.34	I	533	-
3.	2003			1:08.08	I	516	. .
16.	, 100m						
1.	2003	"	"	57.07	KMC	597	. .
2.	2001			57.33	KMC	589	-
3.	2002			59.30	I	533	. .
17.	, 200m						
1.	2007			2:11.53	KMC	591	. .
2.	2007			2:15.06	I	546	. .
3.	2008			2:15.97	I	535	. .
18.	, 200m						
1.	2000			1:50.54	MC	726	-
2.	2004			1:58.74	I	586	. .
3.	2003			1:59.04	I	581	. .
19.	, 200m						
1.	2005	"	"	2:25.04	KMC	555	. .
2.	2003			2:26.40	KMC	540	. .
3.	2006	"	"	2:30.51	I	497	. .

20.	, 200m						
1.		2005	.		2:09.37	KMC	544
2.		2003	.		2:15.97	I	468
3.		2005	" "		2:16.47	I	463
21.	, 400m						
1.		2005	.		5:11.48	KMC	574
2.		2006	" "		5:30.58	I	480
3.		2006	" "		6:02.22	II	365
22.	, 400m						
1.		2004	.		4:46.00	KMC	558
2.		2004	.		5:02.40	I	472
3.		2006	.		5:10.86	II	434
23.	, 800m						
1.		2008	.		9:18.39	KMC	632
2.		2005	.		9:32.49	KMC	586
3.		2007	.		10:05.69	I	495
24.	, 800m						
1.		1997	.		8:23.51	KMC	683
2.		2005	.		8:30.36	KMC	655
3.		2004	.		8:35.69	KMC	635
25.	, 50m						
1.		2006	.		33.86	KMC	600
2.		2005	.		33.89	KMC	598
3.		2005	" "		34.94	I	546
26.	, 50m						
1.		2004	.		31.35	I	522
2.		2003	.		32.09	II	487
3.		2004	.		32.19	II	482
28.	, 50m						
1.		2007	.		29.88	I	543
2.		2006	.		30.47	I	512
3.		2003	.		30.99	I	486
29.	, 50m						
1.		2003	" "		26.03	I	583
2.		2003	.		26.08	I	580
3.		2003	.		26.86	I	530
30.	, 100m						
1.		2005	" "		1:05.98	KMC	580
2.		2006	" "		1:08.60	KMC	516
3.		2005	.		1:08.68	KMC	514

31.	, 100m						
1.	2002		57.85	KMC	603	. .	
2.	2005	.	59.12	KMC	565	. .	
3.	2003	.	59.23	KMC	562	. .	
32.	, 200m						
1.	2005		2:28.30	KMC	554	. .	
2.	2007		2:30.13	KMC	534	-	
3.	2007		2:30.18	KMC	534	-	
33.	, 200m						
1.	2004	" "	2:11.73	KMC	576	. .	
2.	2001		2:11.80	KMC	575	-	
3.	2004		2:11.88	KMC	574	-	
34.	, 400m						
1.	2008		4:30.80	KMC	644	. .	
2.	2007		4:31.20	KMC	641	. .	
3.	2005		4:41.30	I	575	. .	
35.	, 400m						
1.	2000		3:58.97	MC	700	-	
2.	1997		4:01.71	KMC	677	. .	
3.	2004		4:11.47	KMC	601	. .	